

LETTER OF INVITATION

SCHOOL HEALTH ADVISORY COUNCIL (SHAC) NEEDS YOU!!!

Parents:

Children and youth who begin each day as healthy individuals can learn more effectively and are more likely to complete their formal education. Responsibility for the physical, emotional, social, mental, and intellectual health of our youth belongs to their families and the entire community. Effective coordinated school health programs can contribute to helping young people avoid health risks by increasing their skills to make responsible choices about behaviors that can affect their health.

The New Waverly Independent School District has an advisory council to advise the school board and assist the district in ensuring that local community values are reflected in the district's health education plan. The advisory council advises and supports the school's efforts to assess their needs and to design programs to help children develop the knowledge, skills, and attitudes they need to become healthy, productive citizens. We also periodically review and update our Local School Wellness Policy.

The SHAC has been successful in organizing and hosting many special summits for our students at the junior high and high school level on topics such as water safety, seatbelt safety, distracted driving, drugs and alcohol, Sex & the Law, among many other programs. Future programs are already being planned and I would love to have you be a part of the planning.

If you have a special interest in the welfare of the children in our district, you are invited to join the district's advisory council. Please contact me via the email address or phone numbers below for more information.

I look forward to working with you to promote better health among our district's students.

Sincerely,

Julie Simmons, RN
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