New Waverly ISD

April 2012

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6 Good Friday
9 Pigglestix or Assorted Cereal/ Cinnamon Toast BBQ Sandwich or Big Daddy's Pizza Baked Fries, Lettuce/Tomato, Fruit Variety	10 Breakfast Pizza or Assorted Cereal/Donut Holes Beefy Pasta or Popcorn Chicken Steamed Corn, Texas Toast, Fruit Variety	11 Eggstravaganza/Biscuit or Assorted Cereal/ Texas Toast Chicken Tenders Steak Fingers or Macaroni/Cheese, Green Beans, Fruit Variety, Roll	12 Breakfast Burrito or Assorted Cereal/ Cinnamon Toast Build Your Own Burrito (B.Y.O.B.) Meat, Rice, Beans or Taco Salad, Lettuce, Tomato, Cheese, Salsa, Fruit Variety	13 Funnel Cake/Sausage Patty or Assorted Cereal/Toast Cheeseburger or Chicken Wrapini Baked Chips, Burger Salad, Fruit Variety, Cookie
16 Pancakes/Sausage or Assorted Cereal/Cinnamon Toast Chili Cheese Dog or Big Daddy's Pizza Ranch Style Beans Veggies w/ Ranch, Fruit Variety	17 Breakfast Burrito or Assorted Cereal/Donut Holes ***Int.Only-Muffins w /Mom*** Spaghetti or Popcorn Chicken Italian Green Beans, Cheesy Breadstick, Fruit Variety	18 Eggstravaganza/Biscuit or Assorted Cereal/ Texas Toast ***Int. only-Donut w/ Dad*** Chicken Tenders or Steak Fingers Mashed Potatoes, Parmesan Spinach, Fruit Variety, Roll	19 Breakfast Pizza or Assorted Cereal/Cinnamon Toast ***Int. only-Sausage Roll/ Grapes w/ Grandparents*** Beefy Nachos or Chicken Sandwich Lettuce/Tomato, Fresh Baby Carrots. Fruited Jello	20 Super Donut/Sausage Patty or Assorted Cereal/Toast Cheeseburger or Fish Sandwich Baked Fries, Burger Salad, Fruity Sherbet
23 Cinnamon French Toast or Assorted Cereal/ Cinnamon Toast Big Daddy's Pizza or Chicken Stuffed Baked Potato Tossed Salad, Steamed Corn Fruit Variety	24 Breakfast Taco or Assorted Cereal/ Toast Chicken Cheesy Pasta or Mini Corn Dogs California Blend Veggies, Cheesy Breadstick, Fruit Variety	25 Sausage Kolache or Assorted Cereal/ Texas Toast Steak Fingers or Chicken Tenders Macaroni/Cheese, Green Beans, Fruit Variety, Roll	26 Breakfast Pizza or Assorted Cereal/ Cinnamon Toast ***HS only Sack Lunch*** Chicken Fajitas Soft Tacos or Cheese Enchiladas Maria's Rice/Pico, Lettuce/ Tomatoes, Fruit Variety	27 Blueberry Muffin or Assorted Cereal/Toast Sub Sandwich or Cheeseburger or Baked Fries, Burger Salad, Shape-Up
30 Pigglestix or Assorted Cereal/ Cinnamon Toast Chili Cheese Dog or Big Daddy's Pizza Veggie Dippers w/ Ranch, Sweet Crisp Criss Cuts, Fruit Variety				

Cafeteria Meal Prices:
Breakfast $1.50
Elem/Int Lunch $2.10
JH/HS Lunch $2.35
Reduced $.30/.40
Teacher/Staff $1.80/$3.00
Ice Cream .65/.45
Bottled Water .50
-Other ala carte items offered @ JH & HS campus

Child Nutrition News

- **A variety of milk is offered for breakfast & lunch. White 1% milk, Fat Free White, Fat Free Chocolate & Fat Free Strawberry.**
- **100% Fruit Juice is served with breakfast.**
- **Parents can only bring or purchase Breakfast & Lunch for their children.**
- **Menus are subject to change upon availability.**
- Pay Student charges

DID YOU KNOW:
Strawberries are good sources of Vitamin C, folic acid, potassium and fiber. Strawberries are also low sodium, fat-free and low in calories.